

SPRING SEMESTER 2016

PURPOSE

These workshops, which will be offered on a regular basis, will focus on a variety of diversity awareness and social justice topics. Students will receive a stamp for every workshop they attend—students, who have completed

a minimum of three workshops during the Fall and Spring Semesters, will earn a "Diversity & Leadership" co-curricular certificate and will be recognized for their efforts at the Student Leaders Reception in May.

WORKSHOP SCHEDULE

Awaken our Inner Mentor February 18, 2016

11:00 AM to Noon Student Center, I-207

Student Center, 1-207
Presented by: Art Guaracha,
Cuyamaca College Faculty

Community College mentors promote social justice and change by positively providing encouragement, guidance, and constructive feedback to others. In this workshop, we will learn about the need and roles of mentors, effective strategies of successful mentors, and how to develop the mentor in you, with special attention focused on increasing equity, access, and inclusion to the diverse student groups at Cuyamaca College.

Diversity and Cultural Competence February 23, 2016

1:00 to 2:00 PM Student Center, I-207

Presented by: Raad Jerjis, Cuyamaca College Faculty

This workshop will focus on promoting intercultural awareness and understanding of the various aspects of diversity and to understand the cultural influences related to conflict. An emphasis will be placed on identifying behaviors that constitute prejudice or discrimination against various culturally diverse groups and how to appropriately respond.

Civilization of Coexistence: For a Better Community

March 1, 2016

9:30 to 10:30 AM Student Center, I-207

Presented by: Roula Aoneh, Cuyamaca College Faculty

This workshop will address the importance of coexistence. The session will focus on building constructive, genuine and multicultural community where every citizen develops a framework of tolerance, peace, understanding and accepting others with respect to their differences and resolving their conflicts nonviolently. It will also focus on ways educators and students can prevent interfaith and communal relations from

Asian Pacific Islander Women in Pop Culture

March 30, 2016

2:00 to 3:00 PM F-702

Presented by Grace Bagunu, University of San Diego (SOLES)

With more Asian Pacific Islander (API) women characters showing up in pop culture, there are leadership lessons that can be learned from their stories portrayed in the mainstream media. These lessons will be used as examples intended to help aspiring women learn how to exercise leadership and make a difference.

Safe Zones Training April 8, 2016

1:00 to 4:00 PM

(Double Credit Event) Student Center, I-207

Presented by: Nancy Jennings, Cuyamaca College Faculty Moriah Gonzalez-Meeks, Cuyamaca College Faculty Lauren Vaknin, Cuyamaca College Student Affairs

The Safe Zones training program is an ally training that brings awareness of LGBTQIA issues and provides insight on improving campus climate. During this session, the presenters will provide a three-hour training, at the end of which, participants will have the opportunity to become allies. Finally, the training activities, discussion topics, and resources can be adapted in your classroom or student organization.

Communication Across Cultures

April 14, 2016

10:00 to 11:00 AM Student Center, I-209

Presented by: Heather Belk, Point Loma Nazarene University Faculty

Each person's preferred communication style is shaped by their own experiences, beliefs, culture, and background. Your experience is your reality, just as someone else's experience is their reality. This impacts both how you perceive messages and how you communicate. In this workshop, participants will learn the impact of culture on communication and develop skills to successfully communicate in diverse settings.

Social Justice Institute April 15, 2016

9:00 AM to 12:30 PM (Double Credit Event) Student Center, I-207

Presented by Grace Bagunu, University of San Diego (SOLES)

Today's leaders are being asked to lead in a diverse global context where disparity among certain individuals and groups makes it challenging to achieve world peace. Social justice is not only a goal, but also is a process that leaders must understand in order to be able to engage and work towards a more equitable and just society. This interactive training session will help students gain a greater awareness and understanding of social justice from their own experiences as well as commit to an action that will benefit their greater community.



If you have attended three Diversity Dialogue workshops during the 2015-2016 school year,

please turn in your signed form to Lauren Vaknin in the Student Affairs Office (I-120) by May 13, 2016. Grossmont-Cuyamaca Community College District Governing Board Members: Greg Barr; Bill Garrett; Edwin Hiel; Debbie Justeson; Mary Kay Rosinski Student Members: Evan Esparza; Rafael Navarrete

Chancellor: Cindy L. Miles, Ph.D.
Cuyamaca College President: